



U16 BASKETBALL GUIDELINES

in accordance with Surfcoast Basketball Association (SBA)
and Basketball Australia (BA) guidelines

ITEM	GUIDELINE
Ring Height	10-foot (305 cm) standard ring height
Ball Size	Boys - Size 7 Girls - Size 6
Scoreboard	Yes. Computer and On-Court
Defence – Yes Steals	Steals permitted
Offence	No maximum points per player.
Violations – Personal Fouls	Once a player commits 5 fouls, they are disqualified from the game
Violations - Team Fouls	Once the team fouls count has reached 9 per half, every foul called against the team will result in the opposition being awarded 2 free throws.
Violations - Technical Fouls	When a player has committed a Technical Foul or Unsportsmanlike Foul, they must leave the court for 5 minutes. When a player has committed 2 Tech Fouls or 2 Unsportsmanlike Fouls or 1 of both Tech and Unsportsmanlike Fouls, they are disqualified for the remainder of the game
Violations - Team Fouls	All fouls including Technical Fouls and Unsportsmanlike Fouls count towards the Team Fouls. Bench Fouls do NOT count towards the Team Fouls.
Coaching	Coach not permitted on court. Teams must have an adult on the bench at all times
Coach Penalty	If a Coach breaches these rules penalties will apply
Coaching – tips	Encourage spacing, passing and above all enjoyment!
SBA VALUES - IRENE	INCLUSION, RESPECT, EFFORT, NETWORK, ENJOYMENT





TIMING GUIDELINES

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ITEM	GUIDELINE
Duration	Junior Competitions - Under 8 through to Under 18 Div 2 & below 2 x 20 minutes halves Under 18 Div 1 & Senior Competitions - Open Men and Women 4 x 10 minute quarters
Overtime	After a 1 minute break, 5 minutes extra playing time will be played if the result at full time is a draw, in finals games only.
Warm Up	3 minutes. Warning siren sounds at 1 min 30 sec and again at 30 sec
Intervals	Quarter Time Breaks 1 minute Half Time Breaks 2 minutes
Time Outs	1 minute in duration. Each team may be granted two time-outs in each half of the game. Time-outs can not be called in the last minute of the first half or first 3 quarters. Clock only stops for time-outs called in the last quarter/half
Clock Stops	Junior Competitions - Under 8 through to Under 18 On every whistle in the last 2 minutes of the last half, if score is <10 points Senior Competitions - Open Men and Women On every whistle in the last 2 minutes of the last quarter, if score is <10 points ALL time-outs in the last quarter/half
Violations - Timing	Junior Competitions - U8 through to U10 NO 8 (back court) or 3 (in the key) seconds called Junior Competitions - U11 through to U18 8 seconds back court and 3 seconds in the key violation called Senior Competitions - Open Men and Women 8 seconds back court and 3 seconds in the key violation called
Shot Clock	A 24 sec Shot Clock is used in all Mens Division 1 games in accordance with FIBA Rules.
Heat Policy Timing Changes	When the court temperature reaches 35c The referee must call an additional compulsory time-out in each quarter or half, if no time-out has been called at the halfway point of the quarter or half

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